

Weight - Unit Conversion Table

Weight - Unit Conversion Factors

Units Given	Units Wanted	For Conversion Multiple By
lb	g	453.6
lb	kg	0.4536
oz	g	28.35
kg	lb	2.2046
kg	mg	1, 000, 000
kg	g	1, 000
g	mg	1, 000
g	μg	1, 000, 000
mg	μg	1, 000
mg/g	mg/lb	453.6
mg/kg	mg/lb	0.4536
μg/kg	μg/lb	0.4536
Mcal	kcal	1, 000
kcal/kg	kcal/lb	0.4536
kcal/lb	kcal/kg	2.2046
ppm	μg/g	1
ppm	mg/kg	1
ppm	mg/lb	0.4536
mg/kg	%	0.0001
ppm	%	0.0001
mg/g	%	0.1
g/kg	%	0.1

